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8th Annual

Big Cheese 5K

Proceeds to benefit the North Quabbin Region

Sat. April 8, 2017

9:30 A.M. (1st Division of River Rat Promenade)

ENTRY FEES

YOUTH (18 & Under)
\$15.00 until March 25th
\$20.00 after March 25th

ADULT (19 & Over)
\$20.00 until March 25th
\$25.00 after March 25th

Family Cap \$75

PRIZES

Top 3 Male / Female Overall
Top 1st Male / Female in Each Category

14 & Under	15 – 19	20 - 29
30 – 39	40 – 49	50 - 59
60 – 69	70 & over	

BEST COSTUME – Adult
BEST COSTUME – Youth

Registration

8:00 a.m.
Athol Memorial Building
584 Main St., Athol

Start
School St. @ Cottage

Finish Line

Town Hall

Results/Awards

10:30 a.m.
Athol Memorial Building

___ Runner ___ Walker

_____ Double Duty (registered for River Rat Race also)

First Name _____

Last Name _____

Age on Race Day _____

Gender _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email Address _____

T-Shirt (Check One)

XS _____ S _____

M _____ L _____

XL _____ XXL _____

I, or my heirs, executors, and administrators waive and release any and all claims for personal damages I may have against the organizers and sponsors of this race. I attest and verify that I am physically fit and have sufficiently trained for this event.

Waiver Must Be Signed by Participant OR or Parent or Guardian's Signature if Runner is Under 18:

CHECKS PAYABLE TO: Athol Area YMCA
MAIL TO: Athol Area YMCA, 545 Main St. Athol, MA 01331

Facebook: Big Cheese 5K
www.bigcheese5k.com
Bigcheese5K@yahoo.com